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WHAT IS CLAIMED IS:

Claim 1. An article of clothing comprising:

an inner portion, adapted to fit snugly to a wearer, comprising at least one connecting band extending along at least one limb of a body of the wearer;

an outer portion, adapted to fit more loosely to the wearer, positioned over the inner portion;

the inner portion and the outer portion are assembled to one another by the connecting band extending along at least one limb.

- Claim 2. An article of clothing according to claim 1, wherein: the outer portion covers the inner portion completely.
- Claim 3. An article of clothing according to claim 1, wherein: the connecting band is located in a friction zone of the article of clothing.
- Claim 4. An article of clothing according to claim 1, wherein: the connecting band is made of an elastic material.
- Claim 5. An article of clothing according to claim 3, wherein:
 the connecting band is made of an elastic material.
- Claim 6. An article of clothing according to claim 3, wherein:

the article of clothing includes two legs and the friction zone is a crotch area of each of the two legs;

the connecting band is located along the crotch area of each of the two legs of the article of clothing.

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- Claim 7. An article of clothing according to claim 6, wherein: the article of clothing is shorts.
- Claim 8. An article of clothing according to claim 6, wherein:

 the article of clothing is pants, the two legs of the pants adapted to extend along substantially an entirety of respective legs of the wearer.
- Claim 9. An article of clothing according to claim 1, wherein:

 the article of clothing at least partially covers an upper portion of the body
 of the wearer and comprises at least one sleeve and at least one torso portion;
 the connecting band extends along a medial surface of each sleeve.
- Claim 10. An article of clothing according to claim 4, wherein:

 the article of clothing at least partially covers an upper portion of the body
 of the wearer and comprises at least one sleeve and at least one torso portion;
 the connecting band extends along a medial surface of each sleeve.
- Claim 11. An article of clothing according to claim 9, wherein:

 the torso portion of the article of clothing comprises a connecting band associated with the sleeve in at least a zone of the torso portion adjacent the sleeve.
- Claim 12. An article of clothing according to claim 1, wherein:

 the article of clothing at least partially covers an upper portion of the body
 of the wearer and comprises at least one sleeve;
 the connecting band extends along an outer surface of each sleeve.

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Claim 13. An article of clothing according to claim 4, wherein:

the article of clothing at least partially covers an upper portion of the body of the wearer and comprises at least one sleeve;

the connecting band extends along an outer surface of each sleeve.

Claim 14. An article of clothing according to claim 1, wherein:

the article of clothing comprises a substantially tubular collar surrounding a neck of the wearer;

the article of clothing further comprises an at least partially elastic snugly fitting inner portion, and a more loosely fitting outer portion at least partially covering the inner portion;

the inner and outer portions of the collar are assembled to one another by a common connecting band extending along a rear portion of the collar.

Claim 15. An article of clothing according to claim 4, wherein:

the article of clothing comprises a substantially tubular collar surrounding a neck of the wearer;

the article of clothing further comprises an at least partially elastic snugly fitting inner portion, and a more loosely fitting outer portion at least partially covering the inner portion;

the inner and outer portions of the collar are assembled to one another by a common connecting band extending along a rear portion of the collar.

- Claim 16. An article of clothing according to claim 12, wherein:
- the connecting band of the neck comprises an extension of the connecting band of the sleeve(s).
 - Claim 17. An article of clothing according to claim 14, wherein: the connecting band further extends at least in a median portion of the back.